

BERNOULLI COLÉGIO E PRÉ-VESTIBULAR



http://www.colegiobernoulli.com.br/bernoulli_resolve/

Inglês – Questão 01

FILL IN the blanks in the text with one of the words from the box below.

Attention: You may need to use some of the words more than once. Not all words from the box will necessarily be used.

(The first one is done for you as an example.)

at / beside / for / from / in / of / out / over / with / around

Maria's Cookbook Maria-Brazil



Grilled meats on spits



Barbecue pit built into wall, southern Brazil.

Brazilians were the first to raise cattle in South America, imported from Cape Verde to São Paulo in the 1530s. Churrasco (pronounced shoo-RAS-koo) or Brazilian barbecue was the traditional staple food of the gaúchos or cowboys of Southern Brazil for centuries before it spread to Rio de Janeiro and São Paulo. It has become very fashionable and there are excellent churrascarias (restaurants specializing in Brazilian barbecue) all over Brazil and around the world. These are called *churrascaria de rodízio* because waiters move from table to table bringing different types of meats on skewers of which they slice portions onto your plate.

The meat was originally cooked over coals, usually in a pit dug in the ground, skewered in metal spits. The only seasoning was coarse salt and each gaúcho had his own churrasco knife which he used to cut pieces of meat from the spit. People in southern Brazil have churrasco pits built on their backyards with bricks or incorporated into a wall of decorative tile around the edges. (In the US, we use a gas grill!)

<http://www.maria-brazil.org/barbecue.htm> - Access: Apr. 2008

GLOSSARY:

Skewer: (Noun) A long metal or wooden stick for putting through pieces of meat while cooking them.

RESOLUÇÃO:

Maria's Cookbook Maria-Brazil



Grilled meats on spits



Barbecue pit built into wall, southern Brazil.

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<http://www.maria-brazil.org/barbecue.htm> - Access: Apr. 2008

Inglês – Questão 02

INSTRUCTIONS: Read the following text before working on questions 02 and 03.

The Fruit Pages

Fruit and the memory

Fruit has a very positive effect on the brains just like carrots. So if you want to stimulate your brain functions you have to eat much fresh fruit and carrots (raw).

One of the substances that fruit contains are natural sugars. They stimulate the brain so we can think faster and recall information more quickly. There are many other substances that fruit contains which scientists think they stimulate the brain. How this works and which substance is responsible for which effect is still unknown as of yet and research is done at this very moment.

Students: improve your exam results!

We would like to tell you more about how students can improve their results by changing their eating habits before they have an exam. Fruit is the ultimate brain fuel!

You can actually improve your test results simply by changing your eating habits between waking up and doing the exam. The big trick is to consume fruit effectively. Have only fruit but as much as you want before you do your test and avoid the brain blocking foods white flour, refined white sugar, meat and dairy.

Check it out yourself once and you'll notice that you can think much more clear and faster if you have only eaten the right and light stuff before the exam. Afterwards you can have whatever you want!

Fruit

The effect fruit has on your brain is that it makes you think faster and recall information more easily. This is only an example. There is much more to learn about nutrition. There is also nutrition that has a negative effect on your brains.

Brain blockers

Here is a list of things that have a negative effect on the functioning of the brains:

- White flour, especially in combination with cheese. This forms a sticky substance in the intestines that costs much energy to digest. Much blood has to be sent to the digestive system so it cannot be sent to your head;
- Refined white sugar;
- Turkey; it contains a toxic element that has a strong tiring effect, it makes you sleepy;
- The combination of proteins (meat) and starch (potatoes). These two foods are burnt in a different way. It will cost your body more energy to burn them together than apart from each other.

Inform yourself

Not only fruit stimulates your brains, another type of food that does is carrots. Eat some raw carrots at least once a week to stimulate your memory.

A good memory is a joy for life!

Adapted from: <http://www.thefruitpages.com/students.shtml> – Access: Apr. 2006.

After reading the text "Fruit and the Memory", **FILL IN** the boxes in the FOOD CHART that follows.

Attention: Use **only** the information you have read in the text, and write ∅ when some information is not explicitly mentioned.
(The first one is done for you as an example.)

FOOD CHART

FOOD	EFFECT	EXPLANATION
Fruit	<i>stimulates the brain (makes you think faster and recall information more quickly).</i>	<i>contains natural sugars.</i>
Raw carrots		
Refined white sugar		
Meat and potatoes		
Dairy (e.g. cheese) and flour		
Turkey		

RESOLUÇÃO:

FOOD	EFFECT	EXPLANATION
Fruit	<i>stimulates the brain (makes you think faster and recall information more quickly).</i>	<i>contains natural sugars.</i>
Raw carrots	Stimulate the brain (make you think faster and recall information more quickly)	∅
Refined white sugar	It is a brain blocker (has a negative effect on the functioning of the brain)	∅
Meat and potatoes	They are brain blockers (they are burnt in a different way).	Combination of protein and starch will cost more energy of your body to burn them together than apart from each other.
Dairy (e.g. cheese) and flour	It is a brain blocker, (this forms a sticky substance in the intestines)	This forms a sticky substance in the intestines that costs much energy to digest. Much blood has to be sent to the digestive system so it can not be sent to your head.
Turkey	It contains a toxic element that has a strong tiring effect	It makes you sleepy.

Based on the text "Fruit and the Memory", **COMPLETE** the conversation below by writing the boy's lines.

Attention: Follow the specific descriptions of B's communicative intentions. (The first one is done for you as an example.)

THE SITUATION: The girl and the boy are university students who share an apartment. Both of them have important examinations tomorrow and have been studying for a few hours.



Wow, I'm tired and hungry! I'm gonna have a huge cup of coffee with sugar or else I'll fall asleep soon!



(Give her strong advice)

You mustn't have refined sugar. It is not the best choice if we are studying for a test.



Why not? All right... I'll get the coffee with milk instead of sugar. I'm also hungry. I'm gonna get a piece of that delicious cheese cake.



(Give her advice about this kind of food and drink.)



Well, so I don't know what to have!



(Make a suggestion.)



Oh, no. I want to eat something that tastes sweet.



(You have two apples and two bananas. Make her an offer.)



Hey, thanks. But I think I'll really have that piece of cake. There's a lot of it in the fridge. Come have a piece with me



(Refuse politely.)



Well, why do you think fruit would be better for us now?



(Inform her about the effect of fruit on the brain.)

RESOLUÇÃO:



Why not? All right... I'll get the coffee with milk instead of sugar. I'm also hungry. I'm gonna get a piece of that delicious cheese cake.



(Give her advice about this kind of food and drink.)

You mustn't have milk nor cheese cake. They are brain blocking foods. They have a negative effect on the functioning of the brain.



Well, so I don't know what to have!



(Make a suggestion.)

You should eat fruit because it has a very positive effect on your brain.



Oh, no. I want to eat something that tastes sweet.



(You have two apples and two bananas. Make her an offer.)

Would you like to have apples and bananas?



Hey, thanks. But I think I'll really have that piece of cake. There's a lot of it in the fridge. Come have a piece with me



(Refuse politely.)

Thank you very much. I appreciate it, but I am not hungry.



Well, why do you think fruit would be better for us now?



(Inform her about the effect of fruit on the brain.)

The effect fruit has on your brain is that it makes you think faster and recall information more easily.

Inglês – Questão 04

REWRITE the statements below using the words or expressions provided in parentheses.

(The first one is done for you as an example.)

Kitchen Hints for Bachelors



1. It's ok to discard pretzels that can no longer be picked up without falling apart.

(**may**)

You may discard pretzels that can no longer be picked up without falling apart.



2. Throw both your ice cubes and ice cream out if you don't see the difference between them.

(**be able to**)



3. Throw away frozen foods that have become a part of the defrosting problem in your freezer. They have probably gotten spoiled.

(**could**)



4. If there are canned goods in your kitchen that have become the size or shape of a softball, get disposed of them.

(**should**)



5. Remember, your teeth are usually harder than raisins.

(**can't**)



6. If there are dry foods older than you in your kitchen, you'd better replace them!

(**have to**)

Adapted from: "A Bachelor's Kitchen Guide"

http://skywriting.net/inspirational/humor/a_bachelors_kitchen_guide.htm -
Access: Apr. 2006.

RESOLUÇÃO:

1. You may discard pretzels that can no longer be picked up without falling apart.
2. Don't throw both your ice cubes and ice cream out if you are able to see the difference between them.
3. Throw away frozen foods that have become a part of the defrosting problem in your freezer. They could be spoiled.
4. If there are canned goods in your kitchen that have become the size or shape of a softball, you should dispose them.
5. Remember, raisins can't be harder than your teeth.
6. If there are dry food older than you in your kitchen, you have to replace them.

Inglês – Questão 05

Using the verbs in parentheses, **COMPLETE** the sentences with the appropriate verbal forms.

(The first one is done for you as an example.)



1. A study from King's College London suggests (suggest) that _____ (chew) gum after meals _____ (fight) acid reflux.



2. An apple a day _____ (keep) the doctor away _____ (not be) really that far from truth, especially when it comes to keeping your digestive system _____ (run) smoothly.



3. Consuming oily fish may _____ (reduce) the risk of _____ (develop) asthma. In a University of Cambridge study of 770 volunteers, researchers _____ (find) that those with symptomatic asthma _____ (be) less likely _____ (report) _____ (eat) fish at least twice a week throughout the year than those with asthma.



4. One large egg _____ (contain) just 75 calories, 5 grams of fat and 6 . 2 5 grams of protein.



5. The latest guidelines urge men _____ (eat) nine fruits and vegetables a day, in part because they _____ (be) at greater risk of many cancers than women.



6. If you _____ (eat) carbs and proteins together, your body _____ (not absorb) them properly, and you _____ (be) low on key vitamins.



7. Lollipop is a favorite children's snack and _____ (be) so since it _____ (introduce) in England in the 1780s. The name comes from an English dialect word, "lolly," "tongue," and the "pop" is probably associated with the sound made when the candy _____ (withdraw) from the mouth.

RESOLUÇÃO:



1. A study from King's College London suggests (suggest) that chewing (chew) gum after meals may fight (fight) acid reflux.

2. An apple a day keeps (keep) the doctor away isn't (not be) really that far from truth, especially when it comes to keeping your digestive system running (run) smoothly.



3. Consuming oily fish may reduce (reduce) the risk of developing (develop) asthma. In a University of Cambridge study of 770 volunteers, researchers have found (find) that those with symptomatic asthma were (be) less likely reported (report) to eat (eat) fish at least twice a week throughout the year than those with asthma.



4. One large egg contains (contain) just 75 calories, 5 grams of fat and 6 . 2 5 grams of protein.



5. The latest guidelines urge men to eat (eat) nine fruits and vegetables a day, in part because they are (be) at greater risk of many cancers than women.



6. If you eat (eat) carbs and proteins together, your body will not absorb (not absorb) them properly, and you will be (be) low on key vitamins.



7. Lollipop is a favorite children's snack and has been (be) so since it was introduced (introduce) in England in the 1780s. The name comes from an English dialect word, "lolly," "tongue," and the "pop" is probably associated with the sound made when the candy is withdrawn (withdraw) from the mouth.

In the magazine page below K. J. Bewdley wrote to BBC reporting a problem and asking about his rights. Read his e-mail and their answer.

Consumer

[TV and radio](#)
[A to Z index](#)
[Talk](#)

Q **The meal I always order from a pub has halved in size, what can I do?**

I work away from home and have my evening meal at a local public house. I order the same meal every time and portions are always the same. The last time I ate there the portion was well under half the size it usually is. I complained to the manager and was told there was nothing he could do. I offered to give the food back untouched so he could refund me, but he wouldn't.

So I was forced to eat what I describe as a child's portion. The meal is described as a big portion on the menu. This is a pub chain and all I was told to do by the manager was to write to his general manager and complain.

K.J. Bewdley

A **You should complain.**

It would be a term of the contract you had with the pub that the meal would comply with its description. Arguably, it didn't do so. What's meant by a 'big' meal is clearly relative, but judging by your previous experiences it wasn't as big as you had come to expect.

In the circumstances, we suggest you take the manager's advice and write a letter of complaint to the general manager. Also report the public house to your local trading standards department because it may have committed an offence under the Trade Descriptions Act 1968.

In the meantime, you've presumably taken your regular custom elsewhere.

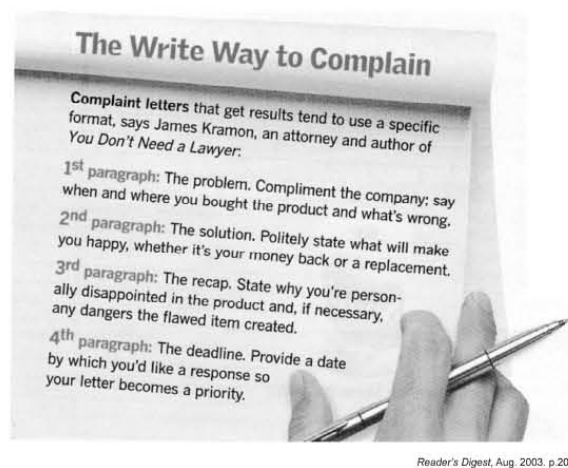
http://www.bbc.co.uk/consumer/your_rights/food.shtml

Suppose you are K. J. Bewdley.

Follow BBC's advice and **WRITE** a **complaint letter** to the general manager.

Attention:

- In order to do so, read the following instructions.



Reader's Digest, Aug. 2003. p.208.

- Write **no less** than **150** words and **no more** than **200**.

RESOLUÇÃO:

Letter of Complaint

London, August 3rd, 2003

Dear Sirs,

I appreciate and consider the food and the services your company provides. I work away from my house and I usually have my evening meals at your public house and get the same meal every time and the portions are always the same. The last time I ate there, the portion of the meal was under half the size it usually is. It was a child's portion.

I would like your company to give me a refund of what I have paid once I regretted the service you provided me.

I am personally disappointed with the meal I've received due to the size of its portion.

The portion that I received wasn't as big as described and it didn't comply with its description. Judging by my previous experiences it wasn't as big as I had come to expect.

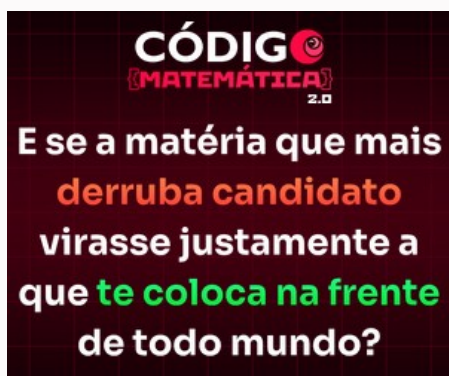
I will be looking forward to your early reply by the end of September.

Thanking in advance, my best regards.

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